RESMED

VPAP™ ST with iVAPS

NONINVASIVE VENTILATOR

Information Guide

English

Please read the entire Information and Welcome Guides before using your device.

Indications for use

The VPAP ST is indicated to provide noninvasive ventilation for patients weighing more than 13 kg or more than 30 kg in iVAPS mode with respiratory insufficiency or obstructive sleep apnoea (OSA). The VPAP ST is intended for home and hospital use.

Contraindications

Positive airway pressure therapy may be contraindicated in some patients with the following preexisting conditions:

- severe bullous lung disease
- pneumothorax or pneumomediastinum
- pathologically low blood pressure, particularly if associated with intravascular volume depletion
- dehydration
- cerebrospinal fluid leak, recent cranial surgery, or trauma.

Adverse effects

Patients should report unusual chest pain, severe headache, or increased breathlessness to their prescribing physician. An acute upper respiratory tract infection may require temporary discontinuation of treatment.

The following side effects may arise during the course of therapy with the device:

- drying of the nose, mouth, or throat
- nosebleed
- bloating
- ear or sinus discomfort
- eye irritation
- skin rashes.

Troubleshooting

If there is a problem, try the following suggestions. If the problem cannot be solved, contact your equipment supplier or ResMed. Do not attempt to open the device enclosure.

Problem/Possible cause	Solution
No display	
Power is not connected.	Ensure the power cord is connected and the power outlet (if available) is on.
The DC plug is partially inserted into the back of the device or inserted too slowly.	Fully insert the DC plug.
Insufficient air delivered from t	he device
Ramp time is in use.	Wait for air pressure to build up or change ramp time.
Air filter is dirty.	Replace air filter.
Air tubing is not connected properly.	Check air tubing.
Air tubing is blocked, pinched or punctured.	Unblock or free the air tubing. Check the air tubing for punctures.
Mask and headgear are not positioned correctly.	Adjust position of mask and headgear.
Incorrect air tubing selected.	If you are using the SlimLine, Standard or 3 m air tubing ensure that you have the correct air tubing selected via the menu.
Non-vented mask is used.	Only use a vented mask.
Mask vents might be blocked.	Check if you have sufficient venting. Unblock mask vents if necessary.
EPAP may be set too low.	Talk to your clinician about your settings.
Device does not start when yo	u breathe into the mask

Take a deep breath in and out through the mask.

Breath is not deep enough to

trigger SmartStart/Stop.

Problem/Possible cause	Solution	
SmartStart/Stop is disabled because Leak Alert is enabled.	Press Start/Stop to start therapy.	
SmartStart/Stop is disabled because Confirm Stop is enabled.	Press Start/Stop to start therapy.	
SmartStart/Stop is disabled.	Talk to your clinician about enabling the SmartStart/Stop feature.	
There is excessive leak.	Adjust position of mask and headgear.	
	Connect the air tubing firmly at both ends.	
Device does not stop when yo	u remove your mask	
SmartStart/Stop is disabled because Leak Alert is enabled.	Press Start/Stop to stop therapy.	
SmartStart/Stop is disabled because Confirm Stop is enabled.	A message appears on the screen. To stop therapy, select Yes a press the Push Dial.	
SmartStart/Stop is disabled.	Talk to your clinician about enabling the SmartStart/Stop feature.	
SmartStart/Stop is enabled bu mask	t the device does not stop automatically when you remove your	
Incompatible mask system being used.	Only use equipment recommended by ResMed.	
Incorrect mask setting being used.	Check the selected mask type in the Setup menu. Change it if necessary.	
The patient is using a nasal pillows mask with a set pressure less than 6 cm H_2O .	Disable SmartStart/Stop.	
The patient is using a paediatric mask with a set pressure less than 8 cm $\rm H_2O$.	Disable SmartStart/Stop.	

Problem/Possible cause	Solution
Pressure rises inappropriately	
Talking, coughing or breathing in an unusual manner.	Avoid talking with a nasal mask on, and breathe as normally as possible.
Mask cushion is buzzing against the skin.	Adjust the headgear.
Cushion seated incorrectly causing excessive leak.	Adjust headgear or re-fit cushion.
Displays message: High temper	rature fault, refer to user manual
Device has been left in a hot environment.	Allow to cool before re-use. Disconnect the power cord and then reconnect it to restart the device.
Air filter is blocked.	Replace your air filter. Disconnect the power cord and then reconnect it to restart the device.
Air tubing is blocked.	Check your air tubing and remove any blockages. Disconnect the power cord and then reconnect it to restart the device.
Humidity level setting is too high, resulting in accumulation of water in the air tubing.	Turn the humidity level setting down and empty the water from the air tubing.
Displays message: Check ResM	ed 30/90W Power Supply Unit and fully insert the connector
The DC plug is partially inserted into the back of the device or inserted too slowly.	Fully insert the DC plug.
A non-ResMed power supply unit is connected to the device.	Remove the power supply unit and replace with a ResMed power supply unit.
The power supply unit is being	Make sure that the power supply unit is free from bedding, clothes

or other objects that could cover it.

covered by bedding.

Problem/Possible cause

Solution

Displays message: No tube, please check your tube is connected

Flow is high because air tubing is not connected properly.

Connect the air tubing firmly at both ends.

Note: The tube disconnection check may not operate when an

antibacterial filter is used.

Displays message: Tube blocked, please check your tube

Check your air tubing and remove any blockages. Disconnect the Air tubing is blocked.

power cord and then reconnect it to restart the device.

Displays message: High leak, please check system setup and all connections

There is excessive leak.

Adjust position of mask and headgear.

Note: If I eak Alert is enabled an audible alert is activated and

Connect the air tubing firmly at both ends.

a high leak message is displayed.

The following message is displayed on the LCD after you try to update settings or copy data to the SD card: Card error, please remove SD card and contact service provider

SD card is not inserted correctly. Ensure that the SD card is inserted correctly.

You may have removed the SD card before settings were copied to the device.

Reinsert the SD card and wait for the Home screen or the "Settings updated successfully, press any key" message to appear on the LCD.

Note: This message only appears once. If you re-insert the SD card after you have updated your settings, the message will not be redisplayed.

The following message is NOT displayed on the LCD after you try to update the settings using the SD card: Settings updated successfully, press any key

The settings were not updated. Contact your clinician/service provider immediately.

General t	echnical	specifications
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Power supply	90W power supply unit
	Input range: 100–240V, 50–60Hz, 115V, 400Hz nominal for aircraft use
	Typical power consumption: 70W (80VA)
	Maximum power consumption: 110W (120VA)
	30W power supply unit
	Input range: 100–240V, 50–60Hz, 115V, 400Hz nominal for aircraft use
	Typical power consumption: 20W (40VA)
	Maximum power consumption: 36W (75VA)
	90W DC/DC converter
	Nominal inputs: 12V, 24V
	Typical power consumption: 70W
	Maximum power consumption: 110W
Environmental	Operating temperature: +5°C to +35°C
conditions	Note: The air flow for breathing produced by this therapy device can be higher
	than the temperature of the room. Under extreme ambient temperature
	conditions (40°C) the device remains safe.
	Operating humidity: 10 to 95% non-condensing
	Operating altitude: Sea level to 2,591 m; air pressure range 1013 hPa to 738 hPa
	Storage and transport temperature: -20°C to +60°C
	Storage and transport humidity: 10 to 95% non-condensing
Aircraft use	ResMed confirms that the device/s meets the Federal Aviation Administration (FAA) requirements (RTCA/DO-160, section 21, category M) for all phases of air travel.
Electromagnetic compatibility	Product complies with all applicable electromagnetic compatibility requirements (EMC) according to IEC60601-1-2, for residential, commercial and light industry environments.
	It is recommended that mobile communication devices are kept at least 1 m away from the device.
	Information regarding the electromagnetic emissions and immunity of this
	ResMed device can be found on www.resmed.com , on the Products page
	under Service and Support . Click on the PDF file for your language.
IEC 60601-1 classification	Class II (double insulation), Type BF, Ingress protection IP21

VPAP ST technical specifications

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IPAP: 4–25 cm H ₂ O; EPAP: 2–25 cm H ₂ O			
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	steady state pressure: 30 cm H ₂ O—if pressure exceeded		
	O—if pressure exceeded for >1 sec		
Nominal dimensions (L x W x H): 153 mm x 140 mm x 86 mm		
Weight: 835 g			
•	Flame retardant engineering thermoplastic		
	ical air outlet (complies with ISO 5356-1:2004)		
	er: Acrylic and polypropylene fibers in a polypropylene		
•••••			
Pressure level (CPAF	mode)		
With SlimLine air	26 dBA with uncertainty of 2 dBA as measured according		
tubing:	to EN ISO 17510-1:2009		
With Standard air	27 dBA with uncertainty of 2 dBA as measured according		
tubing:	to EN ISO 17510-1:2009		
With either SlimLine	28 dBA with uncertainty of 2 dBA as measured according		
ISO 4871:1996 or Standard air to EN ISO 17510-1:2009			
Power level (CPAP mode)			
With SlimLine air	34 dBA with uncertainty of 2 dBA as measured according		
tubing:	to EN ISO 17510-1:2009		
With Standard air	35 dBA with uncertainty of 2 dBA as measured according		
tubing:	to EN ISO 17510-1:2009		
With either SlimLine	36 dBA with uncertainty of 2 dBA as measured according		
	- FN ICO 17F10 1 0000		
or Standard air	to EN ISO 17510-1:2009		
or Standard air tubing and H5i:	to EN ISO 17510-1:2009		
tubing and H5i:	num supplemental oxygen flow: 15 L/min (CPAP, S, ST, T,		
	CPAP mode Set Pressure: 4–20 cm S, ST, T and PAC mode IPAP: 4–25 cm H ₂ O; E IVAPS mode PS: 0–23 cm H ₂ O; EP. Maximum single fault for > 6 sec; 40 cm H ₂ Nominal dimensions (Weight: 835 g Housing construction: Air outlet: 22 mm con Hypoallergenic air filter: Poly Pressure level (CPAF With SlimLine air tubing: With Standard air tubing: With either SlimLine or Standard air tubing and H5i: Power level (CPAP m With SlimLine air tubing: With SlimLine air tubing: With SlimLine air tubing: With Standard air tubing: With Standard air tubing: With Standard air tubing: With Standard air tubing:		

Air tubing technical specifications

Air tubing	Material	Length	Inner diameter
ClimateLine heated air tubing	Flexible plastic and electrical components	2 m	15 mm
ClimateLine ^{MAX} heated air tubing	Flexible plastic and electrical components	1.9 m	19 mm
SlimLine air tubing	Flexible plastic	1.8 m	15 mm
Standard air tubing	Flexible plastic	2 m	19 mm
3 m air tubing	Flexible plastic	3 m	19 mm
Heated air tubing temperature	cut-out: ≤ 41°C		

Notes:

- The manufacturer reserves the right to change these specifications without notice.
- The temperature and relative humidity settings displayed for Climate Control are not measured values.
- Check with your clinician/service provider before using the SlimLine air tubing with devices other than the S9 or H5i.
- The electrical connector end of the heated air tubing is only compatible with the H5i air outlet and should not be fitted to the device or mask.
- When using the SlimLine or ClimateLine above 20 cm H₂O, the device optimum performance may not be reached if used with an antibacterial filter. The device performance must be checked prior to prescribing the SlimLine for use with an antibacterial filter.
- The ClimateLine or ClimateLine^{MAX} is designed only for use with the H5i.

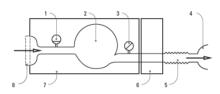
Humidifier performance

The following settings have been tested at 22°C ambient temperature:

Mask pressure	RH output %		Nominal system output AHa, BTPSb	
cm H₂O	Setting 3	Setting 6	Setting 3	Setting 6
3	90	100	10	18
10	95	100	11.5	21
20	95	100	11	18
25	100	100	12	13.5

- a. AH Absolute Humidity in mg/L.
- b. BTPS Body Temperature Pressure Saturated.

Pneumatic flow path



- 1. Flow sensor
- 2. Blower
- 3. Pressure sensor
- 4. Mask
- 5. Air tubing
- 6. H5i
- 7 Device
- 8. Inlet filter

Flow (maximum) at set pressures

The following are measured at the end of the specified air tubing:

Pressure, cm H ₂ O		VPAP ST, H5i and Standard, L/min	VPAP ST and SlimLine, L/min	VPAP ST, H5i and ClimateLine, L/min
4	200	170	195	170
8	200	170	190	170
12	200	170	184	170
16	200	170	175	170
20	190	170	168	161
25	180	161	144	125

Displayed values

Value	Range	Display resolution
Pressure sensor at air out	let	
Mask pressure	2-25 cm H2O	0.1 cm H ₂ O
Flow derived values		
Leak	0–200 L/min	1 L/min
Tidal volume	0–4000 mL	1 mL
Respiratory rate	0-50 BPM	1 BPM
Minute ventilation	0–30 L/min	0.1 L/min
Ti	0.1-4.0 sec	0.1 sec
I:E ratio	1:50–2:1	0.1
Value	Accuracv ^a	

Value	Accuracy ^a
Pressure measurement ^a	
Mask pressure	±0.5 cm H ₂ O (+4% of measured value)
Flow measurements ^a	
Leak ^b	±12 L/min or 20% of reading, whichever is greater, at 0 to
	60 L/min
Tidal volume ^{b.c}	±20%
Respiratory rate ^{b,c}	±1 BPM
Minute ventilation ^{b, c}	±20%

a. Results are expressed at ATPD (Ambient Temperature and Pressure, Dry).

b. Accuracy may be reduced by the presence of leaks, supplemental oxygen, tidal volumes <100 mL or minute ventilation <3 L/min.

c. Measurement accuracy verified as per EN ISO 10651-6:2009 for Home Care Ventilatory Support Devices (Figure 101 and Table 101) using nominal ResMed mask vent flows.

Pressure accuracy

Maximum static pressure variation at 10 cm H₂O according to EN ISO 17510-1:2009				
	Standard air tu	ubing S	limLine air tubing	
Without H5i	9.89 cm H ₂ O to 9.9	7 cm H ₂ O 9.76	cm H ₂ O to 9.87 cm H ₂ O	
With H5i	9.82 cm H ₂ O to 9.9	8 cm H ₂ O 9.78 c	cm H ₂ O to 9.88 cm H ₂ O	
Maximum d	ynamic pressure variati	on according to EN ISC) 17510-1:2009	
Pressure (cm H ₂ O)	10 BPM	15 BPM	20 BPM	
	VPAP ST and Standar	d air tubing without H5i / tubing with H5i	VPAP ST and Standard air	
4	0.18 / 0.18	0.30 / 0.30	0.51 / 0.51	
8	0.21 / 0.20	0.26 / 0.24	0.38 / 0.36	
12	0.21 / 0.20	0.26 / 0.23	0.34 / 0.31	
16	0.22 / 0.21	0.27 / 0.26	0.36 / 0.33	
20	0.23 / 0.22	0.26 / 0.28	0.38 / 0.35	
25	0.30 / 0.31	0.54 / 0.50	0.74 / 0.71	
Pressure (cm H ₂ O)	10 BPM	15 BPM	20 BPM	
	VPAP ST and SlimLine air tubing without H5i / VPAP ST and SlimLine air tubing with H5i			
4	0.22 / 0.20	0.28 / 0.29	0.47 / 0.53	
8	0.23 / 0.19	0.32 / 0.29	0.41 / 0.42	
12	0.22 / 0.21	0.35 / 0.29	0.41 / 0.45	
16	0.22 / 0.23	0.41 / 0.33	0.44 / 0.50	
20	0.24 / 0.27	0.37 / 0.34	0.48 / 0.50	
25	0.31 / 0.31	0.50 / 0.54	0.78 / 0.84	

Symbols

The following symbols may appear on your product or packaging.

⚠ Caution; Read instructions before use; IP21 Protection against insertion of fingers and against vertically dripping water; Type BF equipment: Class II equipment: Start/Stop:

Manufacturer; ECREP European Authorised Representative; Lot Batch code; REF Catalogue number; SN Serial number; Direct current; Lock/unlock:

T Keep dry;



Environmental information

This device should be disposed of separately, not as unsorted municipal waste. To dispose of your device, you should use appropriate collection, reuse and recycling systems available in your region. The use of these collection, reuse and recycling systems is designed to reduce pressure on natural resources and prevent hazardous substances from damaging the environment.

If you need information on these disposal systems, please contact your local waste administration.

The crossed-bin symbol invites you to use these disposal systems. If you require information on collection and disposal of your ResMed device please contact your ResMed office, local distributor or go to www.resmed.com/environment.

Servicing

The VPAP ST device is intended to provide safe and reliable operation when operated in accordance with the instructions provided by ResMed. ResMed recommends that the VPAP ST device be inspected and serviced by an authorised ResMed Service Centre if there is any sign of wear or concern with device function. Otherwise, service and inspection of the devices generally should not be required during the five year design life of the device.

Limited warranty

ResMed Ltd (hereafter 'ResMed') warrants that your ResMed product shall be free from defects in material and workmanship from the date of purchase for the period specified below.

Product		Warranty period
•	Mask systems (including mask frame, cushion, headgear and tubing)—excluding single-use devices	90 days
•	Accessories—excluding single-use devices	
•	Flex-type finger pulse sensors	
•	Humidifier water tubs	
•	Batteries for use in ResMed internal and external battery systems	6 months
•	Clip-type finger pulse sensors	1 year
•	CPAP and bilevel device data modules	
•	Oximeters and CPAP and bilevel device oximeter adapters	
•	Humidifiers and humidifier cleanable water tubs	
•	Titration control devices	
•	CPAP, bilevel and ventilation devices (including external power supply units)	2 years
•	Battery accessories	
•	Portable diagnostic/screening devices	

This warranty is only available to the initial consumer. It is not transferable.

If the product fails under conditions of normal use, ResMed will repair or replace, at its option, the defective product or any of its components.

This Limited Warranty does not cover: a) any damage caused as a result of improper use, abuse, modification or alteration of the product; b) repairs carried out by any service organization that has not been expressly authorized by ResMed to perform such repairs; c) any damage or contamination due to cigarette, pipe, cigar or other smoke; and d) any damage caused by water being spilled on or into an electronic device.

Warranty is void on product sold, or resold, outside the region of original purchase.

Warranty claims on defective product must be made by the initial consumer at the point of purchase. This warranty replaces all other expressed or implied warranties, including any implied warranty of merchantability or fitness for a particular purpose. Some regions or states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

ResMed shall not be responsible for any incidental or consequential damages claimed to have resulted from the sale, installation or use of any ResMed product. Some regions or states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights which vary from region to region. For further information on your warranty rights, contact your local ResMed dealer or ResMed office

/!\ WARNINGS

- Read the entire manual before using the device.
- Use the device only as directed by your physician or healthcare provider.
- Use the device only for the intended use as described in this manual. Advice contained in this manual should not supersede instructions given by the prescribing physician.
- If you notice any unexplained changes in the performance of the device, if it is making unusual or harsh sounds, if the device or the power supply are dropped or mishandled, if water is spilled into the enclosure, or if the enclosure is broken, discontinue use and contact your ResMed Service Center.
- Beware of electrocution. Do not immerse the device, humidifier, power supply or power cord in water. In the event of a spill, disconnect the device from the power supply and let the parts dry. Always unplug the device before cleaning and make sure that all parts are dry before plugging in the device
- Explosion hazard—do not use in the vicinity of flammable anesthetics.
- Make sure the power cord and plug are in good condition and the equipment is not damaged.
- Keep the power cord away from hot surfaces.
- The device should only be used with masks (and connectors¹) recommended by ResMed, or by a physician or respiratory therapist. A mask should not be used unless the device is turned on. Once the mask is fitted, ensure that the device is blowing air. The vent hole or holes associated with the mask should never be blocked.

Explanation: The device is intended to be used with special masks (or connectors) which have vent holes to allow continuous flow of air out of the mask. When the device is turned on and functioning properly, new air from the device flushes the exhaled air out through the mask vent holes. However, when the device is not operating, insufficient fresh air will be provided through the mask, and the exhaled air may be rebreathed. Rebreathing of exhaled air for longer than

¹ Ports may be incorporated into the mask or in connectors that are near the mask.

several minutes can, in some circumstances, lead to suffocation. This applies to most models of CPAP or bilevel devices.

- Oxygen supports combustion. Oxygen must not be used while smoking or in the presence of an open flame.
- Always ensure that the device is turned on and airflow generated before the oxygen supply is turned on. Always turn the oxygen supply off before the device is turned off, so that unused oxygen does not accumulate within the device enclosure and create a risk of fire.
- Do not leave long lengths of air tubing around the top of your bed. It could twist around your head or neck while you are sleeping.
- Do not use electrically conductive or antistatic air tubings.
- Do not use the air tubing if there are any visible signs of damage.
- Only ResMed air tubing and accessories should be used with the device. A different type of air tubing or accessory may alter the pressure you actually receive, reducing the effectiveness of the treatment.
- Only use the ResMed 90W or 30W power supply unit. Use the 90W power supply unit to power
 the system comprising the device, H5i, air tubing, DC/DC converter and battery pack. The 30W
 power supply unit is designed to power the device only and recommended for travelling.
- Only ResMed products are designed to be connected to the module connector port. Connecting
 other devices could damage the device.
- Blocking the air tubing and/or air inlet of the device while in operation could lead to overheating
 of the device.

A CAUTIONS

- Do not open the device enclosure. There are no user serviceable parts inside. Repairs and servicing should only be performed by an authorised ResMed service agent.
- Do not use bleach, chlorine, alcohol, or aromatic-based solutions, moisturizing or antibacterial soaps or scented oils to clean the device, humidifier or air tubing. These solutions may cause damage and reduce the life of these products.
- Incorrect system setup may result in incorrect mask pressure reading. Ensure the system is correctly set up.
- Be careful not to place the device where it can be bumped or where someone is likely to trip
 over the power cord.

- Make sure that the area around the device is dry and clean and clear of bedding, clothes or other
 objects that could block the air inlet or cover the power supply unit.
- Ensure that the device is protected against water if used outdoors. Enclose the device in the S9 travel bag for transport.

Manufacturer: ResMed Ltd 1 Elizabeth Macarthur Drive Bella Vista NSW 2153 Australia.

See www.resmed.com for other ResMed locations worldwide.
For patent information, see www.resmed.com/jp.
S9, H5i, ClimateLine, SlimLine, SmartStart and VPAP are trademarks of ResMed Ltd. S9, ClimateLine,
SlimLine, SmartStart and VPAP are registered in U.S. Patent and Trademark Office.
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